



Mindset and Strategy 1 on 1 Coaching

Description:

Designed for all players who want to directly address aspects of mindset, strategy, and the mental game in a personalized, supportive setting. This setting will be collaboratively geared towards identifying desired areas of improvement and growth, creating mental training and preparation plans that will instill techniques to help you improve your performance. Whether that means to lower your scores or simply get more enjoyment from your quest to master your skills, we will find a way to raise your game!

Schedule:

Thursday 12-4 pm and Saturday 3:30-7:30 pm. Additional availability possible, please contact directly to arrange.

Cost:

Adult 60 min \$110

Packages

Introductory packages are for new students – or those that have taken 1 single lesson - that want to experience the process of 1 on 1 mindset and strategy training sessions and interested from the beginning in putting together an action plan for improvement. Packages are for existing students wanting to continue lessons over a longer period.

3 lesson introductory package \$240

3 lesson packages \$295, 7 lesson packages \$625, 14 lesson packages \$1100

For more information, please contact Charles Todaro at ctodaro@email.jfku.edu.